

## Covid Guidelines Updated August 2022

As CDC and local school guidelines change we have adapted our guidelines as well. First of all, THANK YOU all for being so diligent with our covid guidelines thus far! It is a testament to all of your due diligence that have been able to run in person classes as smoothly as we have been able to. Looking forward to another successful year of Irish dance with everyone! Please refer to the below modified covid guidelines:

### What we do in class:

- 1) We are now **mask optional**. We will ensure that those who come to dance class in masks get their water break farther away from their classmates.
- 2) We will keep dancers spread out as much as possible. We will provide sanitizer before and after every game/partner dance that requires hand holding.
- 3) Sanitize the studio/bathroom.
- 4) Limit the studio to dancers only; no parents/siblings/guests allowed in to watch or use the bathroom (parents of our younger dancers in the Intro Class are allowed to come in to help facilitate the use of the bathroom).

### When to keep your dancer home:

- 1) If they have any symptoms
- 2) If a member of their household has symptoms
- 3) If your dancer has a known close contact exposure
- 4) If any member of the household is waiting results of a PCR test because of symptoms (not because mandated for school/work)
- 5) If they test positive

### When to return to class:

- 1) If your dancer had symptoms: once they receive a negative test and the symptoms have gone away (we don't want to spread the common cold/flu at class either!)
- 2) If a member of their household had symptoms: once that person has received a negative test and your dancer still does not have symptoms
- 3) If your dancer had a known close **contact exposure**: if they still have not had any

symptoms after 5 days

4) If any member of the household is waiting results of a PCR test **because of symptoms**: once that test comes back negative and your dancer still doesn't have symptoms

5) If your dancer has tested positive: when your dancer is cleared by their doctor to resume physical activity

**What if a household member tests positive but your dancer tests negative and doesn't have symptoms:** Please remain home in this case until the whole household is negative/deemed not contagious from a doctor.

**If your dancer has to stay home for any of the above reasons:** You are always able to make up any missed classes within a month of the missed class. For example if you miss a class on September 23<sup>rd</sup> you have until October 23<sup>rd</sup> to make up that missed class. To make up classes please refer to the below guidelines and feel free to email Meghan with any questions!

Your Class Level --> Appropriate Make Up Class Level

Intro Class --> Beginner Class

Beginner Class --> Beginner Class

Intermediate Class --> Intermediate Class

Prizewinner Class --> Intermediate or Advanced Class

Advanced Class --> Championship Class

Championship Class --> Advanced Class

Thank you ALL for helping keep the Brennan-Lucey Academy healthy through all of this! We wouldn't be here without you and it is a testament to all of your due diligence that we are able to run in person classes as smoothly as we have been able to. Looking forward to another fun year of Irish dance with you all!