

Beginner Light Jig



FIRST STEP

Right Foot

Right Foot - Jump, knee, put it back 2, 3, 4
Right Foot - Jump, knee, put it back 2, 3, 4
Right Foot - Jump, knee, put it back 2, 3, 4
Right Foot - Knee put it back
Left Foot - Put it back 2, 3, 4

Left Foot

Left Foot - Jump, knee, put it back 2, 3, 4
Left Foot - Jump, knee, put it back 2, 3, 4
Left Foot - Jump, knee, put it back 2, 3, 4
Left Foot - Knee put it back
Right Foot - Put it back 2, 3, 4



SECOND STEP

Right Foot

Right Foot - Jump, knee, put it back 2, 3, 4
Right Foot - Jump, knee, put it back 2, 3, 4
Right Foot - Up 2, 3, 4, 5, 6, 7
Right Foot - Knee put it back
Left Foot - Put it back 2, 3, 4

Left Foot

Left Foot - Jump, knee, put it back 2, 3, 4
Left Foot - Jump, knee, put it back 2, 3, 4
Left Foot - Up 2, 3, 4, 5, 6, 7
Left Foot - Knee put it back
Right Foot - Put it back 2, 3, 4